

**Reha Rheinfelden –  
European Centre for the Rehabilitation of Scleroderma**

The European Centre for the Rehabilitation of Scleroderma has been established within the Reha Rheinfelden Rehabilitation Centre in Switzerland. It has a team of specialists with broad experience in the different aspects of Scleroderma and related diseases.

The centre offers comprehensive rehabilitation for outpatients, day patients and inpatients. Treatments for complications affecting the skin, circulation, internal organs, musculoskeletal system and nervous system are available, complemented by the most advanced technology. We aim at providing state of the art medical treatment combined with excellent service and accommodation.

We offer treatment for adults and children with the following diseases:

- Circumscribed scleroderma
- Eosinophilic fasciitis
- Systemic sclerosis
- Scleroedema adultorum
- Overlap syndromes
- Scleromyxoedema
- Nonspecific collagen disorders
- Nephrogenic systemic fibrosis
- Chronic graft versus host disease
- Lichen sclerosus

The following medical disciplines are represented in the Centre:

- Specialists in Rheumatology, Internal Medicine, General Medicine, Physical Medicine and Rehabilitation, Dermatology with Allergology and Environmental Medicine, Neurology, Traditional Chinese Medicine, diagnostic and therapeutic Anaesthesia (Pain Therapy).
- Consultants in Pneumology, Cardiology, Angiology, Orthopaedic Surgery, Chiropractic, Otorhinolaryngology (ENT), Urology, Radiology, Paediatric Neurology, Psychiatry



**Contact and map**

Reha Rheinfelden  
Medical Director: Prof. Dr. med. Thierry Ettl  
Salinenstrasse 98, CH-4310 Rheinfelden  
info@reha-rhf.ch, www.reha-rheinfelden.ch

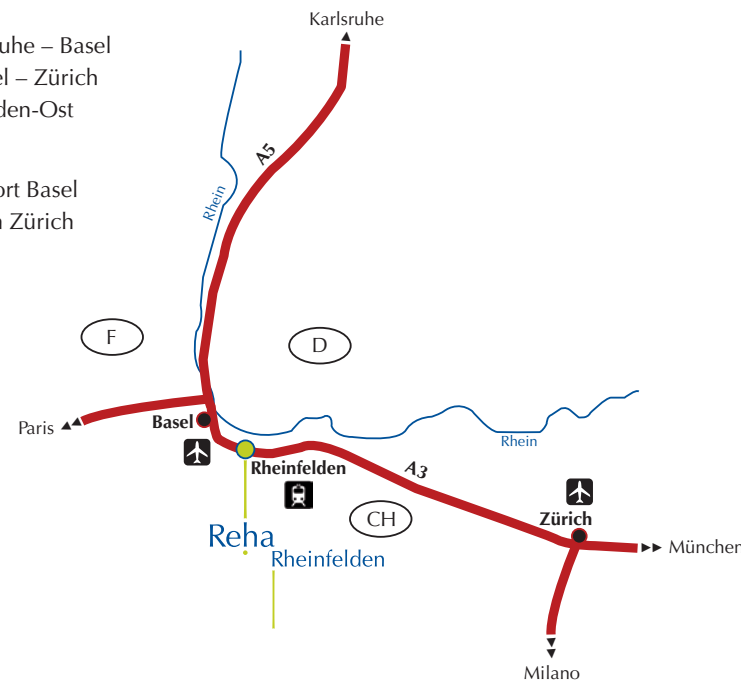
European Centre for the Rehabilitation of Scleroderma  
Clinical Director: Priv. Doz. Dr. med. Michael Buslau, MSc  
Phone +41 (0) 61 836 52 37, Fax + 41 (0) 61 836 53 53  
info@scleroderma.ch, www.scleroderma.ch

**How to find us:**

By train:  
From Basel or Zürich to Rheinfelden train station

By car:  
A5 (D) Karlsruhe – Basel  
A3 (CH) Basel – Zürich  
Exit Rheinfelden-Ost

By airplane:  
via EuroAirport Basel  
via Flughafen Zürich



Cover

Paul Klee, «Angel, still female», 1939, 1016, Zentrum Paul Klee, Bern

«In 1935, Paul Klee developed a mysterious illness which 14 years after his death became known as Scleroderma. Paul Klee succeeded in turning his suffering into sublime creativity. Within the last five years of his life he created a rich body of work which expresses not only fate and suffering, but also hope and joy. From this late work stems «Angel, still female» from the year 1939».

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- Inpatient Hospital
- Day Clinic
- Outpatient Clinic

**Scleroderma  
a disease with many faces**

**European Centre for the Rehabilitation of Scleroderma**



- Neurological and Musculoskeletal Rehabilitation
- Pain Centre
- Paediatric Therapy Centre
- Psychosomatic Medicine
- Spine and Brain Centre
- www.reha-rheinfelden.ch
- Rehabilitation Centre for Scleroderma
- Special Consultations
- info@reha-rhf.ch

Salinenstrasse 98 • 4310 Rheinfelden • Switzerland • Phone +41 (0)61 836 51 51 • Fax Administration +41 (0)61 836 52 52

**Scleroderma**  
**...a disease with many faces**

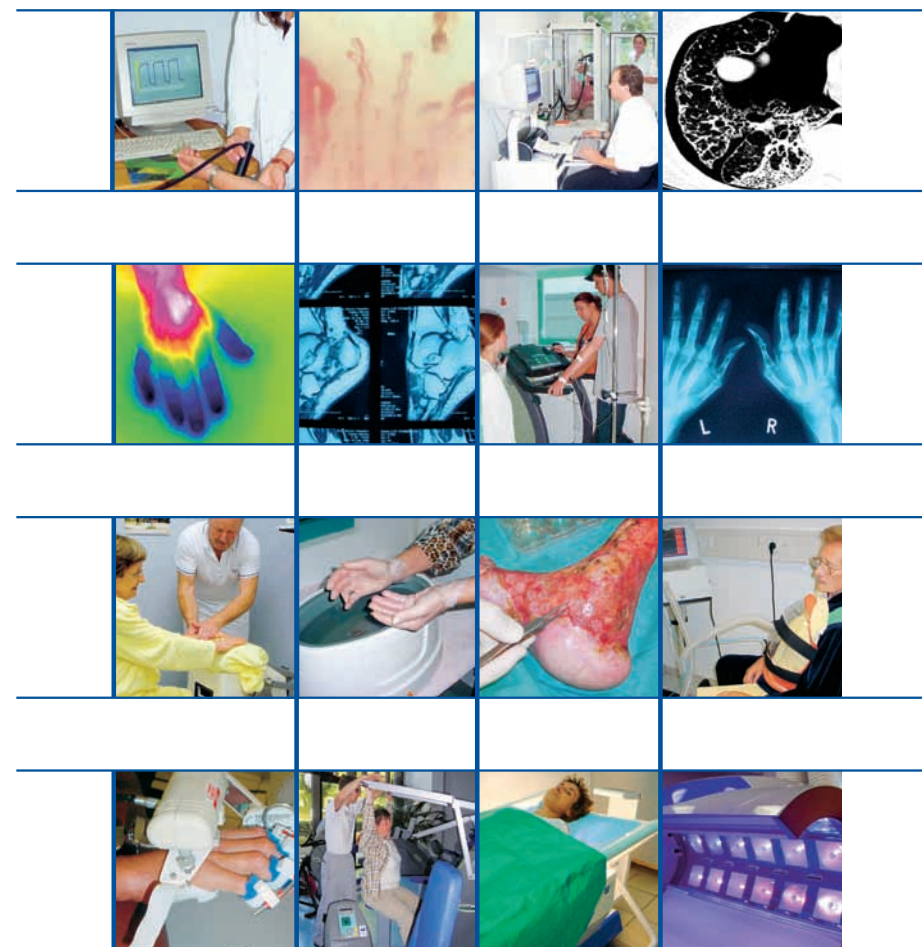
Scleroderma has many different faces, be it in the circumscribed and pansclerotic form limited to the skin, or as part of a systemic sclerosis. Almost every organ can be affected, apart from the skin mainly the blood vessels, lung, kidney, heart, the musculoskeletal system, and the nervous system. The course of the illness can be acute or chronic and can lead to serious complications including death.

Not only adults, but also children can be affected. There are a variety of diseases which are similar in appearance and need to be differentiated from Scleroderma.



**...diverse problems with Scleroderma require extensive solutions**

The above mentioned organ disturbances and complications require a thorough assessment and a medical treatment concept which takes into account the specific needs of the individual patient. Paramount in the treatment is the collaboration of an expert multi-disciplinary team with specific experience in Scleroderma, comprising doctors with different specialities, physiotherapists, occupational therapists, sports therapists, speech and language therapists, dieticians, certified wound care nurses, as well as creative therapists and clinical psychologists.



**Specialist therapies:**

- Drug therapy (including immunosuppression and immune modulation)
- Physical therapies (including UVA1-therapy, full body hyperthermia, biomechanical stimulation)
- Physiotherapy (including lymph drainage, connective tissue massage, medical training therapy)
- Occupational therapy (including ergonomic advice, provision of aids, domiciliary assessment)
- Speech and language therapy (therapy for swallowing disorders and hoarseness)
- Treatment of chronic non healing wounds (modern wound management)
- Diagnostic and therapeutic anaesthesia for pain control
- Chiropractic
- Traditional Chinese Medicine (including acupuncture and phytotherapy)
- Clinical psychology and neuropsychology
- Creative therapies (music therapy, dance therapy)
- Dietary advice
- Patient education

**Specific Internet resources of the European Centre:**  
[www.scleroderma.ch](http://www.scleroderma.ch)

- Detailed information on the rehabilitation of Scleroderma and related disorders
- Evaluation of the current scientific literature on diagnosis and treatment
- Medical illustrations
- Congress reports
- Newsletter
- Discussion forum
- Online consultation clinic

